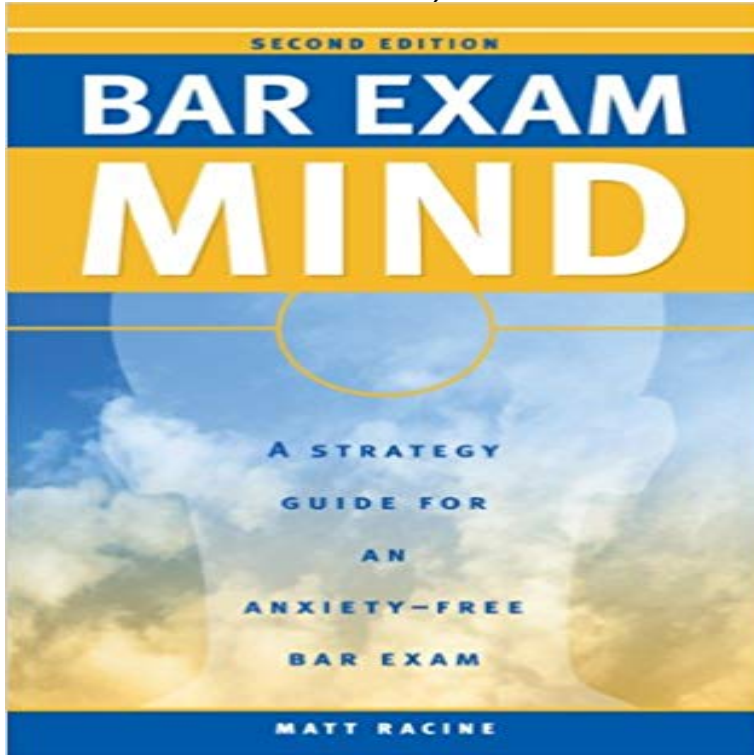


## Bar Exam Mind: A Strategy Guide for an Anxiety-Free Bar Exam (Pass the Bar Exam Book 3)



Inside the pages of Bar Exam Mind, you will discover how to get your mindset right for the bar exam and get the mental edge you need to remain calm and focused while you study for and take the exam. Bar Exam Mind gives you proven strategies to reduce stress and worry so that you can focus on what matters now: Learning the law and passing the bar exam. Among other things, you will learn: -- visualization techniques to remove bar exam fears -- strategies to improve test-taking performance -- the right way to practice for the bar exam -- how to use affirmations to increase self-confidence -- what to eat to keep your mind and brain healthy and in peak condition for the bar exam -- and much more! Use Bar Exam Mind as a supplement to all substantive bar preparation courses. Follow the 21-day learning program included with the book or implement only the techniques you believe will be most beneficial to you. Ready to create your calm bar exam mindset? Then buy Bar Exam Mind now!

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